



Your Basketball League C.I.C.

Game Regulations

2025/2026 Season

September 2025
version 6.4

Picture by Martin Lansley

YBL Principles

- The spirit of the game is to be upheld in a friendly manner by all involved.
- We encourage competitive games with sportsmanlike behaviour.
- We expect all involved to promote the game you love and the YBL in a respectful and positive attitude.
- Have fun!

Important Dates

Link to YBL via PlayHQ by
5 September

Fixtures issued on or before
Friday 1 August 2025

Last day to register new players
Saturday 31 January 2026

End of the regular season
Monday 2 March 2026

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Governance

These Game Regulations apply to all our leagues and competitions. Our regulations are based on current Basketball England and/or FIBA regulations unless stated otherwise within these regulations.

All participants must be registered and licenced in accordance with current Basketball England policies.

Club Positions

The YBL require a Club Secretary for each CLUB. This is listed inside the League Handbook and is available to all clubs under a password protected document. You are required to have a valid email and contact mobile number for your nominated secretary.

Each CLUB is required to have a Welfare Officer as required by Basketball England; this information is kept by our Compliance Director in case any contact arises requiring direct contact to your Welfare Officer.

The Club Secretary's information must be kept up to date with the YBL for the current season. Changes to the named person must be done in writing (email info@ybl.org.uk) for this change to be actioned. A Director/Chair and Club Secretary cannot hold the same position within another club to avoid any conflict of interest (BE Rule 6.4).

Whilst we like to engage with our members and answer questions accordingly, any questions from coaches or team managers that require any action must be received by the club secretary.

Safeguarding

kaccalia@ybl.org.uk all referrals must be sent to this email address only and marked 'Private and Confidential'.

Individual Licencing

All individual participants must be correctly licenced with Basketball England, attached to a team (except officials), within their club and placed within a team in PlayHQ to participate within the YBL.

You can register as many players for a team as you wish, however, each division (Grade), will only let you play the maximum allowed in each game.

Players, coaches and team managers, must be assigned into a team on their club portal for the YBL to check eligibility.

Officials and volunteers will be able to register through the YBL if they are not club based. This will place you under The YBL, within the West Midlands Region. If you then officiate in another league, you can link to them separately within your own portal. You can use the following link to register with The YBL - <https://www.playhq.com/uk/basketball-england/register/d23757>

The YBL does not require any player forms or registrations to be sent to the league, all players, coach, bench (team managers) and staff registrations can be checked on the PlayHQ portal.

The exception to this is, the YBL will require a copy of a player licence if they are.

1. A player playing in another local league, other than the YBL, (senior only).
2. A player is registered national league and given permission to play in the YBL (except our cup competitions).

Licence Fines

£20.00 PER-PLAYER

Not registered with the YBL via PlayHQ

£60.00 PER-PLAYER/OFFICIAL

Not registered/licenced on PlayHQ portal
Game will also be awarded as a forfeit win to the opposition.

Club, Team & Player Affiliation

The YBL requires all anyone participating must be registered through PlayHQ with Basketball England and to have accepted the invite to participate in The YBL on or before **5 September**.

Definition of a National League Player

A national league player is a player who has;

1. Registered JNBL or SNBL for any club or team.
2. A player is classed as a National League player from registration until their current licence expires (1 September to 31 August), even if their season has finished.

Player Exemption/Play Up/Down Request

The YBL will consider requests from clubs on a case-by-case basis, where appropriate for that division.

To complete this process, you must complete the [Exemption Form Request](#) (part one), found in the Club Admin Page on the YBL Website. If necessary, the [Risk Assessment Form](#) (part two). Also see the *Exemption Policy*.

YBL Bank Account Details

Lloyds Bank Plc

Sort Code| 30-96-12

Account Number | 63680668

YBL Legal Information

The YBL (also known as Your Basketball League C.I.C. or Youth Basketball League) is registered in England and Wales. Company Number 10776305. Birmingham. Copyright © 2025. All rights reserved.

The YBL Logo is a registered trademark. Permission is granted for any club participating in YBL league to use the YBL logo on their playing kit and on the club website to link to the YBL. If you wish to use the YBL logo for any other purpose, please obtain the Board of Directors approval. Any material produced by the YBL is for the use of development purposes and can be used for this purpose. If you wish to copy any such material, please obtain the Board of Directors approval.

Fixtures, Rearrangements, Claiming & Default

The league DO NOT need to be CC/BCC in on any correspondence between clubs regarding fixtures, unless we ask for evidence. Otherwise, these will be ignored.

Your team will be placed within a division (Grade) ahead of the season within PlayHQ.

Once the division is confirmed by The YBL, fixtures will be produced accordingly within the PlayHQ system.

Clubs will be able to manage their fixtures and confirm or rearrange between each team/club. This request can be made by the Team or Club Admin – depending on your access granted by your club within PlayHQ, **up to 24 hours before a scheduled fixture**.

If your fixture is to be changed, enter the Game Change request with the new date and your opponent can confirm that date. It will then change in the system. If no date is confirmed, change the date to the end of the season and then once agreed you can change the date accordingly.

Any rearrangements must be sent by the club and confirmed or denied within the PlayHQ system for U13 divisions and upwards. U11 and below need to be confirmed by email to the YBL.

All fixtures for teams must be completed by the

Thursday 12 February for all cup-pool games (unless given written permission in advance is given by The YBL), or as of **Monday 2 March**, for regular season games, otherwise, will be voided for both teams by The YBL.

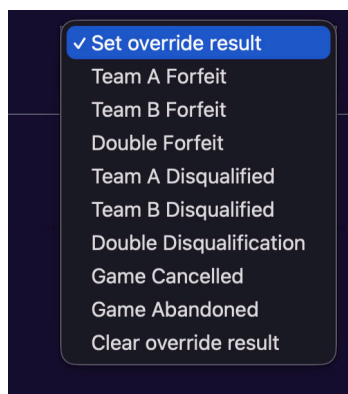
Home Club	It is the Home Clubs' responsibility to ensure - their fixtures are displayed correctly on the PlayHQ for their team (this will also be shown on the YBL website). - to send the YBL a copy of the scoresheet if the electric scoresheet has not been used.
Confirm attendance	The Home team should confirm with the visiting team their attendance at least 7 days before the fixture.
Failure to attend	Failure to attend without informing the opposition will result in the fixture being awarded to the appropriate team as a Default Win. (Fees will apply, i.e. court hire, paid official's).

Annotations on the fixture list:

- Round (WEEK NUMBER): Round 1
- Tip (SCHEDULED): 10:00PM
- Round Start Date (BEGINNING OF THE WEEK): FRIDAY, SEPTEMBER 19
- Team not playing this week (SOME DIVISIONS WILL SHOW BYES): BYES
- (CLUB SELECTED) Venue of Fixture: Abington and Wilton College / Court 1
- Edit fixture details: Edit Game Details

Annotations on the fixture details and edit interface:

- Fixture Date (USE BUILT IN CALENDAR): 02/11/2025
- Tip Time (IN A 12-HOUR CLOCK): 10:28 am
- REMEMBER TO SAVE



Claiming a Game (No-Show)/Forfeiting Game

Claiming a game please enter the score as 20-00 and select Team 'X' Forfeit in the system. Then complete the [Game Form](#). *Please keep email/messages as evidence as this may be requested.*

To claim a game under a forfeit for a no-show a £50.00 fine. *This does not include additional costs as above.* - 'No-show', confirmed attendance and scheduled on the website/inside PlayHQ, but failed to attend.

Void a Fixture/Voided Game/Cancelled Games

There is no fee to void or cancel a game. Complete the [Game Form](#) or complete the requirements on PlayHQ.

These will affect your league standings and head-to-head. A void is where both teams gain no points, and the fixture is then completed. A cancelled game works the same as a voided game. Once you select a void or cancelled game. No future access is given. The fixture is then complete.

League Standings

Game Points for all competitions or divisions.

3 Points (W) For a win	1 Point (L) For a loss [participation]	-1 Point (D) for a default/forfeited (league actioned voided) game – this affects your head-to-head.	0 points (V) for a voided game, cancelled games - this affects your head-to-head.
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Table standings will be determined on the game points (ladder points), head-to-head, and baskets for (F).

Head-to-Head

During the season if teams are on the same points, they will then be ranked using baskets scored (F) and then on points difference if the same. At the conclusion of the season if teams are on the same points the league standings will be decided by the head-to-head of those teams. If the head-to-head is identical the points will be determined by their defensive record.

Team withdrawal

On or before 31 December, all fixtures (and points, if any) shall be deleted from the league.

On or after 1 January fixtures will be awarded to the opposition with a default win.

League types

All our divisions are for any gender, except those that specify a specific gender. For example, All-Girls and Women.

Game Abandoned

If for whatever reason the game must be stopped and/or abandoned, then complete the scoresheet as shown in the latest YBL Help Sheet for Table Officials. [Table Official Help Sheet \(v6.0\)](#).

If you are using Live Scoring, please leave the game as 'Pending' and inform the league via info@ybl.org.uk

Scoresheets (Results)

LIVE SCORING Electronic Scoring	Where the use of the PlayHQ electronic scoring is used (for U13 games upwards), following the completion of the game, the result will be automatically submitted along with any relevant information to the YBL. A paper scoresheet is not required.
Paper Scoresheets	The club appointed person must enter the result for the fixture manually inside the PlayHQ system along with any fouls for all participants (personal, technical, unsportsmanlike, coach and bench) Player points for each player can be added along with any other stats collected. You will have 26 hours to submit the information from the fixture scheduled tip time. You must also send a copy of the original scoresheet following the game to scoresheets@ybl.org.uk or by sending via WhatsApp to 07810146224. The scoresheet can be submitted by either team. If a scoresheet for a fixture has not been received 15 days after the playing date, but submitted on PlayHQ, the league will change the fixture to pending and remove the result until the scoresheet has been received.
Scoresheets	A printable YBL scoresheet is available free of charge from the Table Official Section in the officials' section on the YBL website. There is a 3x3, 4x4 and running versions available. A running scoresheet is to be used for all YBL fixtures. Traditional scoresheets are no longer excepted and will results in sanctions.

Results	Results must be added into PlayHQ for them to be recorded, as mentioned above. If game results have not been entered into the system after 15 days. The fixture will be moved to the end of season date in the system. If not entered or played at this point, the league will void the fixture as stated above.
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A photo of the original scoresheet should be submitted by either email or WhatsApp.

 scoresheets@ybl.org.uk

 [07810146224](https://wa.me/07810146224)

In-Game Coaching (Level 1 and above)

Any YBL team with junior players must have a coach for all games.

The YBL has been given permission by Basketball England to authorise Level 1 coaches to participate in YBL leagues as follows:
L1 Coach aged 18 years or above may coach any YBL games unsupervised on condition they meet criteria (A) (B) and (C) below.
L1 Coach aged under 18 years of age may coach any YBL games when supervised by a L2 coach on condition they both meet criteria (A) (B) and (C).

- (A) must hold a completed coaching qualification
- (B) holds an 'active' coaching licence via Basketball England on PlayHQ
- (C) registered on PlayHQ via the YBL link.

No YBL game with junior players may start until the above criteria is met.

In a game where the coach is disqualified and there are junior players participating, the game cannot continue unless the assistant coach (details must be on scoresheet or listed in the Live Scoring app, when game commences) meets the above criteria. The game MUST be abandoned. The opposing team will be awarded the game 20-00. This will then be referred to the YBL Board of Directors for review.

The YBL will be actively reviewing the L1 coaching arrangement with clubs who are utilising L1 coaches within YBL leagues. We will provide learning and feedback to Basketball England.

Remember that Safeguarding is everyone's responsibility.

Please see the Basketball England Code of Ethics and Conduct (<https://www.basketballengland.co.uk/media/12171/code-of-ethics-and-conduct-april-2020.pdf>) and Safeguarding policy (<https://www.basketballengland.co.uk/media/akaifl2e/basketball-england-safeguarding-policy-june-2024.pdf>) for more information.

Transfer of Player

If a player wishes to transfer to another club during the season, they are to start the process in their own player PlayHQ portal. Their home club will get a notification and email through PlayHQ requesting the transfer. If there is no response, then after 7 days they will automatically be released from their club, and this then comes through to the YBL. Once approved or denied by the YBL, all participants will be notified.

Officials

Official's Criteria

All officials must wear appropriate uniform to officiate within the YBL.

Requirement for officials

All officials to be correctly qualified with Basketball England and have the appropriate PlayHQ licence.

You can use the following link to register as an official with The YBL

- <https://www.playhq.com/uk/basketball-england/register/d23757>

At any level of YBL Games

FIRST OFFICIAL
Level 2 OR ABOVE

SECOND OFFICIAL
Level 1 OR ABOVE

SECOND OFFICIAL (SENIOR GAMES)
Level 2 OR ABOVE
Unless previously approved by the YBL.

Also see Official's Requirements on league addendums for more information and pay scale.

Neutrality (BE Rule 41)

Basketball England rules state that the crew chief must be a neutral L2+ official. The YBL acknowledge that this may not always be possible. If an in-house crew chief is appointed, it must be with the prior agreement of the opposition. Senior divisions must have two neutral officials, unless agreed by both teams and the YBL in advance of the game.

BE rules state a recommend minimum requirement for each fixture is two referees and table officials.

Payment of officials

It is the responsibility of the home club to pay all officials. A payment guide can be found within the [YBL Official's Section](#) on the website and on each Addendum (enclosed in this booklet)

Appointment of Official's

The YBL does not appoint officials for any regular season fixture i.e. home and away fixtures, for any division. This includes senior divisions.

YBL events and tournaments the YBL will appoint officials where appropriate. The YBL Championships and other Finals the YBL will appoint officials.

Reporting to the League

Can be done via online form or by WhatsApp.



[Incident Match Report Form](#)



[07810146224](tel:07810146224)

YBL Championship Finals

The dates for finals are published with the fixtures at the beginning of the season, also in the YBL Calendar, and published on the website from January when the play-off routes have been determined.

Normally, over two days, the Championship Final's running programme will be decided near the time (normally around the play-offs starting), with clubs being informed when it has been finalised.

Appeals, Complaints and Under Protest

Administration Fee for Appeals & Protests

General Queries info@ybl.org.uk

Formal Complaints info@ybl.org.uk



To Protest

£100.00 PER- APPEAL

To protest an in-game situation info@ybl.org.uk

A game can only be signed under protest if it meets the following criteria:

- an error in scorekeeping, timekeeping or shot clock operating that was not reported and/or corrected.
- a decision to cancel, postpone, or not resume or not play a game.
- a violation of the eligibility/licence rules.

PROCEDURE

- Inform the Crew Chief, at the buzzer, at the end of the game, that you intend to protest. You have up to 15 minutes to protest.
- Games signed under protest must have the captain sign the scoresheet, before the Crew Chief signs the scorebook.
- The protesting team, must send in the scoresheet within 72 hours, with a full explanation of the protest email to info@ybl.org.uk
- The protesting team must send in the administration fee, before the 72 hours lapse for the league to investigate the protest.



To Appeal

£100.00 PER- APPEAL

To appeal a decision made by the YBL kaccalia@ybl.org.uk

PROCEDURE

- Email kaccalia@ybl.org.uk with your decision to protest within 48 hours of a decision being made (email date and time).
- Within the email you must provide your written appeal and grounds, together with any supporting information, reports, or evidence.



To Appeal an Exemption Request

To appeal a decision made by the YBL kaccalia@ybl.org.uk

PROCEDURE

- Email kaccalia@ybl.org.uk with your decision to protest within 7 days hours of a decision being made (email date and time). Any appeals after this timeframe will not be heard.
- Within the email you must provide your written appeal and grounds, together with any supporting information, reports, or evidence. As a volunteer organisation our aim is to review the appeal within 14 days (this may not always be possible).
The appeal will be reviewed by two Directors who have not previously been in the original exemption decision.

In-Game Sanctions

Zone & Full Court Press for all divisions except cup competitions.

For Zone Defense being played illegally (in Quarter 2, 4 and Overtime) after a verbal warning.
If a full court press is played when the team has a 20-point advantage after a warning.

The crew chief can call an 'Official's Time-Out' with the coaches and their co-official will be called to the centre circle and given a verbal warning that they must cease playing zone defense or playing a full court press (whichever applies) and remind them of the potential sanctions.

The coaches will be given a further 30 seconds to reinforce this message with their players.

Once play has resumed following this 'Official's Time-Out' any further infringements of the rule will result in the coach receiving a 'W' technical foul in the first instance.

This will be recorded as a 'W' (not a 'C') on the scoresheet (YBL Scoresheets have a box for the 'W'). The opposition will be awarded one free-throw.

Any further infringements of these rules will result in the coach receiving a technical foul (this time recorded as 'C'). The opposition will be awarded one free-throw.

A coach will not be ejected until they have received two recorded C's on a scoresheet. A 'W' recorded technical will not be counted as a ('C'), but the opposing team will still receive the same one free-throw penalty.

COACH	W1	C1	=	NO EJECTION
COACH	B1	W1	C1	NO EJECTION
COACH	W1	B1	B1	NO EJECTION
COACH	B1	C1	C1	EJECTION

If a coach has been ejected due to repeated breaches of these rules the crew chief must inform the league.

Discipline

When a coach, team follower, spectator, official or player comes to a game, they come with the intent of participating in the game in good spirit.

Participants will receive an automatic sanction when their points reach (or exceeds) the following thresholds, 15, 30, 40 & 45.
The sanction or suspension will be for the next scheduled game for that individual.

Points will be reset for each season unless otherwise directed by the Board of Directors in accordance with Basketball England's Disciplinary Code or the Game Regulations for the current season.

If an incident occurs that is not covered below, the BE Code of Conduct can be used.

Financial sanctions will be for players aged 18 and over. Repeat infractions (juniors players exceeding 15 points) will result in clubs being issued financial sanctions on behalf of junior players (at the discretion of the Board of Directors).

Basketball England's Disciplinary Panel/Safeguarding Panel will be informed of all incidents that meet their threshold for referral.

Individual points will be awarded for

S1	0 POINTS	'W' TECHNICAL FOUL
S2	2-5 POINTS	UNSPORTSMANLIKE FOUL
S3	5 POINTS	TECHNICAL FOUL PLAYER, COACH, BENCH
S4	10 POINTS	DISQUALIFICATION FOUL, TECHNICAL & UNSPORTSMANLIKE FOUL COMBINATION
S5	5-30 POINTS	FIGHTING / VIOLENT CONDUCT
S6	5-30 POINTS	RACIST / SEXIST / HOMOPHOBIC / RELIGIOUS / OTHER ABUSE
S7	40+ POINTS	BRINGING THE GAME INTO DISREPUTE

Individual sanctions

15 POINTS	One Game Ban	£30.00	FINANCIAL SANCTION
30-40 POINTS	Two Game Ban	£70.00	FINANCIAL SANCTION & appearance in front of the Board of Directors
45+ POINTS	Suspension under investigation	Up to £300.00	FINANCIAL SANCTION & appearance in front of the Board of Directors

End.